

Allergy Ingredients in Cafeteria Food

Chick- Fil-A: sandwich- wheat, milk, egg, soy

nuggets- dairy, wheat, egg

100% refined peanut oil- okay for majority of peanut allergies.

Mac n cheese- milk, eggs, wheat, soy

Mr. Jim's: Italian Sub- milk, soy, wheat, and may contain sesame seeds

Turkey sub- milk, soy, wheat, and may contain sesame seeds

Ham sub- milk, soy, wheat, and may contain sesame seeds

Cheese pizza-wheat, milk,

Pepperoni pizza-wheat, milk

Angus Cheeseburger: Wheat, milk, soy, and may contain sesame seed

Corn dogs: wheat, soy, eggs, milk

Smucker's peanut butter and jelly: wheat, soy, and peanuts; **May contain hazelnut/hazelnut products and milk.**

Muffins

Otis Wild Blueberry: eggs, soy, milk, wheat; **made in facility that also processes milk, peanuts, and tree nuts (ALMONDS, CASHEWS, COCONUT, MACADAMIA NUTS, PECANS, WALNUTS).**

OTIS Banana Nut muffin: **walnut nuts**, eggs, soy, milk, wheat; **made in facility that also processes milk, peanuts, and tree nuts (ALMONDS, CASHEWS, COCONUT, MACADAMIA NUTS, PECANS, WALNUTS).**

Otis Chocolate muffin: eggs, soy, milk, wheat; **made in facility that also processes milk, peanuts, and tree nuts (ALMONDS, CASHEWS, COCONUT, MACADAMIA NUTS, PECANS, WALNUTS).**

Crackers

Lance Nekat: soy, milk, peanuts, wheat

Lance Toastchee: soy, milk, peanuts, wheat

Chips

Ruffles cheddar and sour cream: milk

Doritos Nacho Cheese chips: milk

Veggie Ranch snacks: milk

Veggie Cheddar Cheese snacks: milk

Veggie Sea Salt snacks: none

Lays Potato Chips- soy

Lays BBQ Potato Chips- none

Cheez-it: wheat, milk, soy

Goldfish: wheat, milk

Chex Mix: wheat, soy

Condiments

Mayo: soy, eggs

Sweets

Sweet Summits vanilla and chocolate ice cream: milk; **Processed with other allergens**

Sweet Summits Vanilla Sandwich: Milk, soy, and wheat; **processed with other allergens.**

Dibs: milk, wheat, and soy; may contain eggs.

Oatmeal Crème Pie: trace peanuts and tree nuts; Soy, milk, eggs, wheat

Duchess sugar donuts: Wheat, milk, egg, soy, coconut

Pillsbury Chocolate Chip cookies- eggs, milk, soy, and wheat